

# Men's Suit Measuring Guide Cheat Sheet

## Neck Circumference

Wrap the tape around the base of your neck. Leave one finger space for comfort.

## Shoulder Width

Measure across the back from one shoulder edge to the other. Ask for help if needed.

## Chest Circumference

Wrap the tape under the armpits around the fullest part of your chest.

## Waist Circumference

Measure around your natural waist (above the belly button). Stand relaxed.

## Hip Circumference

Wrap the tape around the widest part of your hips and buttocks.

## Sleeve Length

Measure from shoulder tip to wrist with your arm slightly bent.

## Jacket Length

Measure from the base of your neck to the bottom of your buttocks.

## Inseam

Measure from crotch to ankle or shoe top. Stand straight.

## Outseam

From waist to floor along the side of the leg. Optional.

## Wrist Circumference

Wrap tape around wrist bone, add 0.5" for movement.